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Cook-off competition at the Muddy Trails Bash on April 2, 2011

THE WOODLANDS, TEXAS (February 14, 2011) – Crawfish enthusiasts, this is your chance to showcase your best crawfish recipe! Bring your cook-off team and enjoy an afternoon of spirited competition, live Zydeco music and family fun at the Muddy Trails Bash on Saturday April 2, 2011, from 3 to 8 p.m. at Rob Fleming Park.

Teams will compete to create the best crawfish recipes in two categories: one awarded by the panel of judges, and another awarded by event spectators. An award will also be given for Best Decorated Tent.

"This will be my third year being a judge at the Muddy Bowl Cook-off," said Township Director of Parks and Recreation Chris Nunes. "It allows me to taste the best of the best in crawfish cooking!"

The Muddy Trails Bash has something for everyone, including the Muddy Trails 5K and 10K races, Little Muddy Kids Race, 5K-9 Fun Run and Muddy Bowl. Taste a free sampling of the cook-off teams' entries and vote for your favorite, then feed the whole family for only $5 per plate. Plates include crawfish, potatoes and corn; additional concessions will be available.

Registration forms may be obtained at The Woodlands Township Recreation Center, 5310 Research Forest Drive, or downloaded from www.thewoodlandstownship-tx.gov. Click Races, then Muddy Trails. There is an entry fee of $100 per team. The deadline for entry forms and fees is March 23, 2011.

To register your team or for more information on the Muddy Trails Bash, please contact Shaun Hebert at 281-210-3955 or shebert@thewoodlandstownship-tx.gov.

For more information on The Woodlands Township, please call 281-210-3800 or visit www.thewoodlandstownship-tx.gov.

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PHOTO: 2010 Muddy Bowl Crawfish Cook-Off participants prepare to wow the judges with their team's crawfish entry. (L to r) Leslie Martinez, Orlando Martinez, Deidra Deaton and Matt Doherty.